

WHAT IS THE ST. JUDE'S TRIATHLON?

The St. Jude's triathlon is a township wide event that will be raising awareness and funds for the St. Jude Children's Research Hospital. The children of Old Bridge will be raising funds for the Hospital to help continue their ceaseless fight against cancer in children.

WHO IS RUNNING THIS EVENT?

This event was originally developed by the instructors and students at the Old Bridge Black Belt Academy, our local Martial Arts Academy. Their training in life skills and heart for community responsibility lead them to this idea.

The idea took off and now has been supported by every area of the community and has a robust planning board made up of representatives from the Old Bridge Police Department, PTA members, Township representatives, Teachers, Corporate officers, local businesses, etc.

WHEN AND WHERE IS THE TRIATHLON?

Date: Saturday, September 12th, 2009

(Rain Date: September 26th, 2009)

Time: 9:00 am – 3:00 pm

Location: Lombardi Football Field (Carl Sandburg Middle School)

Please check our website for exact start times for YOUR GRADE

We recommend car pooling – parking will be limited

WHAT EVENTS ARE GOING TO TAKE PLACE IN THE TRIATHLON?

Since we are "Striking at Cancer" – the Black Belt Academy Instructors will lead the events. The first event will be "100 Strikes at Cancer." The second event will be "100 Blocks against Cancer" as physical fitness defends our bodies from sicknesses. Finally we will end with a bike ride/walk/run. This march will be lead by the Old Bridge Police Department's Lt. McNamara and other serving officers.

WHAT DO I NEED AT THE TRIATHLON?

Children need a parent or authorized supervisor to escort them, comfortable clothing for the physical activity, a water bottle/sports drink, and a willingness to fight cancer. Bikes are optional.

Cancer affects everyone. Together we can affect cancer!