

PARLIN CLASS SCHEDULE

<u>CLASS</u>	<u>MON</u>	<u>TUES</u>	<u>WEDS</u>	<u>THUR</u>	<u>FRI</u>	<u>SAT</u>
TIGER CUBS 4 & 5	6:00 pm	4:00 pm		4:00 pm	6:00 pm	11:00 am
TIGERS 5-7	4:45 pm	6:00 pm	5:30 pm	5:15 pm	4:00 pm	10:30 am
JUNIORS AGED 7-12						
BEGINNERS 7-12		5:15 pm	4:45 pm	6:00 pm	6:30 pm	9:45 am
CAMO, GREEN, PURPLE	4:00 pm	6:30 pm	4:00 pm		6:30 pm	9:45 am
BLUE-BROWN-RED REC.	6:45 pm	4:30 pm		4:30 pm	5:15 pm	11:45 am
RED DEC., BLACK REC.& ALL BLACK BELTS	5:15 pm		6:00 pm	6:45 pm	4:30 pm	11:45 am
ADULT & TEEN						
W-O-Y-C-G-P---TEENS & ADULTS	7:30 pm		7:30 pm		7:30 pm	9:00 am
BLUE-BRWN-RED-TEENS&ADULTS	7:30 pm		8:15 pm		7:30 pm	9:00 am
BLACK BELTS		7:15 pm		7:15 pm	7:30 pm	9:00 am
XMA			6:45 pm			
ATA FIT & SELF DEFENSE						
ATA FIT & KICKBOXING-		8:15 pm		8:15 pm		
SWORDSMANSHIP--(GUMDO)	8:15 pm					10:00 am
LEADERSHIP	Jrs. 6:00 pm				Teens/Adults 8:15 pm	

Effective Date September 1, 2009

****Please arrive no earlier than 10 Minutes before class** Uniforms should be cleaned, ironed and odor free****

****Minimum noise while awaiting your class, do not interrupt the class ahead of yours****

www.parlinata.com

New E-Mail: mastermac6th@macblackbeltacademy.com

732-721-5425

Word of the Month:

Goals for Community

To want something
and be willing to
work for it.



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Parlin, NJ 08859

732-721-5425

Email:

Mastermac6th@gmail.com

ESTIMATED
FUTURE
GRADUATION DATES:

November
?20th-21st ?

FUTURE
CLOSED DATES:

November 14th–
McInerney Tournament!!

Website:

Www.parlinata.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24 OCTOBER BIRTHDAYS!
25	26	27	28	29	30	31 WE ARE OPEN Wear Costume to class?? HALLOWEEN LOCK-IN!!